

A WEIGHTLIFTING ATHLETE/COACH DECLARATION

As an athlete affiliated with the International Weightlifting Federation (IWF) through my national federation (**Russian Weightlifting Federation, RWF***), I do hereby reaffirm my strong commitment to uphold the Fundamental principles enshrined in the Olympic Charter as well as in the United Nations Universal Declaration of Human Rights. Guided by the principles of Olympism, peace, justice, respect, and equality, I do hereby declare the following:

1. I reject all forms of violence and injustice, and I pledge to promote a culture of peace and understanding within the worldwide Weightlifting Family.
2. I recognize the inviolability of human life, respect human rights and fundamental freedoms, and I will protect and uphold the dignity of all individuals involved in the sport of weightlifting.
3. I will strive to create a safe and inclusive environment for all members, ensuring that every individual feels valued and respected, without distinction of any kind, such as race, color, sex, language, religion, political or other opinion, national or social origin, property, birth or other status. Furthermore, no distinction shall be made on the basis of the political, jurisdictional or international status of the country or territory where an individual resides.
4. I commit myself to nurturing the development of the sport of weightlifting, promoting values of discipline, perseverance, and respect for one another.
5. I firmly believe in the important role of sport of weightlifting to foster peace, understanding, and cooperation among nations, nationalities and cultures.
6. I dedicate myself to the comprehensive participation and growth of the Weightlifting community, encouraging athletes, coaches and technical personnel, as well as weightlifting amateurs and enthusiasts of all backgrounds to be a part of our global Weightlifting community.
7. I recognize my responsibility to contribute to the creation of a peaceful and united society, where human dignity is cherished and protected at all times.

By signing this declaration, I acknowledge the significance of my individual commitment to the principles stated herein. I agree and pledge to work in good faith together with my fellow competitors and all other members of the worldwide Weightlifting Family united in our efforts to ensure that the sport of weightlifting remains a driving force for the best progress of human kind.

Date and place _____

Name _____

Signature _____

*** an example; this field is to be fulfilled according to an Athlete's/Coach's sport nationality and his/her relevant national federation.**